**Echoes from the Soul :**

**An insightful collection of Poetry**

By (author)  [Annie Baker](https://www.bookdepository.com/author/Annie-Baker)

Echoes from the Soul, is an insightful collection of poetry  
  
that speaks of experiences, which connects us all.  
  
Themes of love, loss, hope and nature convey the universality of emotions  
  
and the highs and lows in life we all face.  
  
Beautiful illustrations resonate with the author's poignant themes,  
  
making this book a meaningful keepsake and gift for all the beautiful and  
  
receptive souls of the world.

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About:

I started writing as a teenager to express my most inner thoughts and emotions, unable to share them with those around me. As I retreated into the depths of my inner self, I found solace in nature and became aware of an innate energy that flowed through life and seemingly connected us to each other, nature, and the cosmos. I hope you can feel some inkling of it resonating through my poems.

As I continued my life’s journey, I gravitated towards a career in holistic and ancient medicines. I am presently a registered Acupuncturist and Chinese Herbalist, and even in my practice today, I still experience those energy flows first-hand.

My first book “Echoes from the Soul” includes some poems I wrote as a teenager. Other poems were written during my travels with exposure to exotic cultures and extraordinary landscapes, my inspiration.

My poem *Brethren (page 22)* was originally published in the Wildness Society newsletter. Additionally, my short story *iPerson* earned me an honourable mention Atlantis short story competition in the USA.

As I release future poetry, short-stories and novels, I hope you will continue to follow my journey and walk the path with me.

Annie Baker

(Registered and certified Acupuncturist and Chinese Herbalist/ poet, author, writer)